

Diet and Mind

rom 8:7

mat 7:1 Judge not, that ye be not judged.

trying to determine their faith or read their motives

2Tm:3:16: All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

2Tm:3:17: That the man of God may be perfect, throughly furnished unto all good works.

2Tm:4:1: I charge thee therefore before God, and the Lord Jesus Christ, who shall judge the quick and the dead at his appearing and his kingdom;

2Tm:4:2: Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine.

1Sa:16:7: But the LORD said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the LORD seeth not as man seeth; for man looketh on the outward appearance, but the LORD looketh on the heart.

1Jo:2:6: He that saith he abideth in him ought himself also so to walk, even as he walked. (means live it means the life style eating , clothing)

Demonstrate the life of Christ

Philip:2:5: Let this mind be in you, which was also in Christ Jesus:

Why does God want our mind?

Proverb:23:7: For as he thinketh in his heart (mind), so is he: Eat and drink, saith he to thee; but his heart is not with thee.

God does not need the extra behavior actives like robot, God need or mind.

How Jesus says in Matthew 23

3 Angels messages

1st angels message shows we are judged by the law.

James 2:10: For whosoever shall keep the whole law, and yet offend in one point, he is guilty of all.

Jas:2:11: For he that said, Do not commit adultery, said also, Do not kill. Now if thou commit no adultery, yet if thou kill, thou art become a transgressor of the law.

Jas:2:12: So speak ye, and so do, as they that shall be judged by the law of liberty.

2nd Angel message come out from the condition .What is that the Babylon use to keep all people in grasp what's the substance is used what was it called it is called the wine of fornication Rev 14:8 what it is this wine represent why is it so dangerous , we will learn literal and spiritual wine

Proverb:31:4: It is not for kings, O Lemuel, it is not for kings to drink wine; nor for princes strong drink:

Proverb:31:5: Lest they drink, and forget the law, and pervert the judgment of any of the afflicted. So God says come out of Babylon. It is a system and design to keep us in lawlessness known as sin. meaning (false teaching)

3rd angel message avoid the mark of the beast an obey God' commandment

Ro:6:16: Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?

Re:7:1: And after these things I saw four angels standing on the four corners of the earth, holding the four winds of the earth, that the wind should not blow on the earth, nor on the sea, nor on any tree.

Re:7:2: And I saw another angel ascending from the east, having the seal of the living God: and he cried with a loud voice to the four angels, to whom it was given to hurt the earth and the sea,

Re:7:3: Saying, Hurt not the earth, neither the sea, nor the trees, till we have sealed the servants of our God in their foreheads.

Only that who keeps God's law means obey are got the God's seal. Here are the patience of saint here are they who keep the commandments of god.

What is the three words connecting thread of angels messages? They all deal with law of god. with all connected to God's commandment. God is calling the people to obey his word means his commandment. Why this is important because when we see the life of Jesus we are to live to his word which he said in

John 15 Joh:15:10: If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love. When Jesus lived in father commandment he lived in harmony so we have to live as Jesus life means the same way of Jesus in harmony its commandments. The only way to keep the commandments is by our mind. So bible says Jesus served God the father by mind. We can keep commandment on condition of mind if our mind is weak condition we cannot keep faithfully the law commandment. So Jesus life was in discipline Jesus life to do like I can't just do, eat, drink play, feel anything that I feel always paramount to God as it is without mind. Jesus always think how will this effect it to my mind if I drink this how will effect my mind this is why they gave him vinegar with Gal on the cross. Why did Jesus rejected, basically they were giving alcohol when you have grapes fresh when it is fermented they convert to alcohol after fermentation it convert to vinegar. Vinegar is seriously product it is more fermented than the wine which we take as **moderation (Not extreme)** alcohol is bad vinegar is worse its next level of fermentation after alcohol. even though Jesus was on cross the mind of Jesus had a clear mind than a relieved body. Jesus knew if I lose a minute of my mind devil is there to put me out and our salvation had been gone. Our church worship will be at vain. Jesus came out of temperance on the weakest point on cross. Jesus had severed God the father with his mind so also we can server God the heaven with our mind.

We have to ask ourselves when I eat, drink, play how does I live does it has impact on I minds. Solomon already knew this

Heavy nutrients unprocessed heavy food its impact on the minds new time

In old times Proverb:30:7: Two things have I required of thee; deny me them not before I die:

Proverb:30:8: Remove far from me vanity and lies: give me neither poverty nor riches; feed me with food convenient for me:

Proverb:30:9: **Lest I be full, and deny thee, and say, Who is the LORD?** or lest I be poor, and steal, and take the name of my God in vain. **If we have full of food eat and drink the mind and end up by denying God**

Eccc:10:17: Blessed art thou, O land, when thy king is the son of nobles, and thy princes eat in due season, for strength, and not for drunkenness! Eat for strength but not for drunkenness God always knew we should eat food to strengthen the body which keeps the body clear.

How Jesus eat and drink Isa:7:14: Therefore the Lord himself shall give you a sign; Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel. Isa:7:15: Butter and honey shall he eat, that he may know to refuse the evil, and choose the good.

So God tells protect your mind what are you putting in your system you should know it's something called good and something called evil. That is thought I must think before I eat and drink. For my belly should be full and my tongue should tingle for it. We should think what it shall give me now.

Where does this temperance began?

Ex:16:1: And they took their journey from Elim, and all the congregation of the children of Israel came unto the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after their departing out of the land of Egypt.

Ex:16:2: And the whole congregation of the children of Israel murmured against Moses and Aaron in the wilderness:

Ex:16:3: And the children of Israel said unto them, Would to God we had died by the hand of the LORD in the land of Egypt, when we sat by the flesh pots, and when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with hunger.

Ex:16:4: Then said the LORD unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a certain rate every day, that I may prove them, whether they will walk in my law, or no.

God is changing their diet first. We say we are from India Egypt is not a location its experience its bondage to sin. If we want to change the reformation is by how we eat . by or eating habits it impact with our minds. as we serve our God by our minds to be faithful , we should have a clear mind

David prayed after sinning was Psalms:51:10: Create in me a clean heart, O God; and renew a right spirit within me.

If children wants anything for eating parents must make them understand that we don't like to punish you. We do not love you to hurt you. we must only give our children which strengthen their bodies and their mind. We parents are not giving up the character they should get that is discipline. The children must understand temperance because in the end of the world we will be the happiest planet on earth.

Parents controls ourselves of iniquity so we have passed our iniquity to our children , so bible shows iniquity of fathers on children . so We need to change by the grace of God by our intelligent and need to choose God's counsel even the great sacrifice **in the end we will be the happiest people on planet earth.** People say I am going to eat chicken I die eating chicken , Jesus can get a loyalty from you , **what had that chicken done to you that you are loyal to it? I was making him think its irresponsible word , this chicken raised your calorosriol ,tension raised blood pressure , which can get killing you ,here is your loyal, if Jesus can get this loyalty from you ,the work of Jesus can get finished in this generation , if someone is touching our idols, we say I am not giving that ,things ,women, from me .if a person disregards God's word , so God says put a knife off your throat if you lust after thing so strongly food women , men power or any worldly thing, and say I don't care what man cares or angels say ,and I don't care God says I will do I want, god says is better you die God says put a knife to die ,if we are controlled by our appetite does God possing a suside no , it's a position of suside , we are killing ourself .God is tring to reson ourself. Its like a dead man is better than a living person who is living to fulfill our indulgences. As bible says what to eat and what not Levi 11**

The God says through bible which is unclean

Ro:14:14: I know, and am persuaded by the Lord Jesus, that there is nothing unclean of itself: but to him that esteemeth any thing to be unclean, to him it is unclean. Because we are his people

Why does not allow to eat this food because we are surrounded by bad things **3Jo:1:2: Beloved(loved ones),** I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. He hate sickness which takes away our joy steel away our energy which belongs to him and family , I want you to be healthy in best health . in order to be healthy we should to follow what he says. So here God says you need to be away from these things, you need to obey, co-operate

Chickenosis it's a paraces called disease when its flesh is raw and undercook infected by larva and called a worm. It gives sickness from our body begains to poison our body and impact on our mind , even we our sick we can't control our mind our decision which is most important life changing decision. There is direct connection the effects the body and also your mind there is a connection. It's not only this but also shellfish crab , the disease come from cold water. People have disease in body of muscle. Because we are his people.

He wants us to be healthy , God says I hate sickness , I want to be make best health of yours ,in order to be in best health we need to follow what he tells.

Some times Seventh day Adventist also tell we eat clean animals but , Genesis 9:3: Every moving thing that liveth shall be meat for you; even as the green herb have I given you all things.

Ge:9:4: But flesh with the life thereof, which is the blood thereof, shall ye not eat.

Some say why are you teaching this all Jews laws but in genesis there were no Jews born it was in Noah time .here it says all the blood should be removed. Jews people do KOSHERING (removing blood from meat) All fat to be removed.

Le:3:17: It shall be a perpetual statute for your generations throughout all your dwellings, that ye eat neither fat nor blood.

Type 2 diabetes is fat consumption fat stops the blood to flow for insulin than sugar. If we have been heard of God we would be not got diabetes

Sa:14:32: And the people flew upon the spoil, and took sheep, and oxen, and calves, and slew them on the ground: and the people did eat them with the blood.

1Sa:14:33: Then they told Saul, saying, Behold, **the people sin against the LORD**, in that they eat with the blood. And he said, Ye have transgressed: roll a great stone unto me this day.

1Sa:14:34: And Saul said, Disperse yourselves among the people, and say unto them, Bring me hither every man his ox, and every man his sheep, and slay them here, and eat; and sin not against the LORD in eating with the blood. And all the people brought every man his ox with him that night, and slew them there.

Diseases flows through blood. The disease from animal comes through in by meat.

Ac:15:19: Wherefore my sentence is, that we trouble not them, which from among the Gentiles are turned to God:

Ac:15:20: But that we write unto them, that they **abstain (Choose not to consume)** from pollutions of idols, and from fornication, and from things strangled, and from blood. If you eat right things you never have to repent.

Ec:7:17: Be not over much wicked, neither be thou foolish: why shouldest thou die before thy time?

We should ask God how can we eat right things to serve God and be alive in this world by his grace.

Ho:3:5: Afterward shall the children of Israel return, and seek the LORD their God, and David their king; and shall fear the LORD and his goodness in the latter(last days) days.

Ho:4:1: Hear the word of the LORD, ye children of Israel: for the LORD hath a controversy with the inhabitants of the land, because there is no truth, nor mercy, nor knowledge of God in the land.

Ho:4:2: By swearing, and lying, and killing, and stealing, and committing adultery, they break out, and blood toucheth blood.

Ho:4:3: Therefore shall the land mourn, and every one that dwelleth therein shall languish, with the beasts of the field, and with the fowls of heaven; yea, the fishes of the sea also shall be taken away.

We can only serve God only through our minds

When we eat it is broken down to produces blood ,blood feeds or brain , brain houses of mind ,mind is used to think , our thoughts produces our action, our action repeats is produces habits , our habits makes our character , our character determines our destiny. Our eating and our drinking can cause salvation. What ever we eat has a impact of our minds .if our mind our in a clouded condition and can't understand the word of God than is how it impact our choices for life or for death (eternal death) we should demonstrate Jesus in any way. Jesus was a man of discipline he knew how to deny himself .he knew I cannot put anything in my mouth because it taste good. God is preparing us for the biggest battle which is going to hit this battle . God will make the people to stand. God expects reflects of his son in you and in all we are not going to reflect is image partially. We must reflect his image fully , where he is discipline we must be discipline where he is faithful we must be faithful the reward he received the reward we will get by his grace